

JOGA A DYCH

PIATOK

16:00-17:00- Animal Flow- TRIBE GREEN OPENSOURCE

18:30-19:30- Joga & dych - Erik Goldschmidt- TRIBE MAIN STAGE

SOBOTA

09:00-10:30- Joga - Lenka Žabková- TRIBE INDOOR SPACE

11:00-12:00- Detská joga - Deniska- LITTLE TRIBE AREA

11:00-12:00- Heart Chakra Meditácia- TRIBE GREEN OPENSOURCE

11:45-12:45- Rozvaha pohybu- Matej Jurenka- TRIBE MAIN STAGE

13:00-14:00- Breathwork- Mili Held- TRIBE INDOOR SPACE

15:00-16:30- Yin joga- Katka Pohánka- TRIBE MAIN STAGE

17:00-18:00- Animal Flow- TRIBE GREEN OPENSOURCE

18:00-19:30- Jogová terapia- Janka Bukvay- TRIBE INDOOR SPACE

NEDEĽA

08:30-10:00- Joga- Terez- TRIBE MAIN STAGE

13:30-15:00- Joga & hudba- Adri & Laskamier- TRIBE MAIN STAGE